# Psychiatry, Mental Institutions, and the Mad in Apartheid South Africa

This book is a groundbreaking exploration of the history of psychiatry and mental institutions in apartheid South Africa, and the experiences of those who were incarcerated in them.



# Psychiatry, Mental Institutions, and the Mad in Apartheid South Africa (African Studies)

★★★★★ 5 out of 5

Language : English

File size : 3960 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 282 pages



Drawing on a wealth of archival research and oral histories, the author provides a detailed account of the development of the mental health system in South Africa, from its colonial origins to the post-apartheid era. She shows how psychiatry was used as a tool of social control and oppression, and how the experiences of madness and mental illness were shaped by the political and social realities of apartheid.

The book also tells the stories of individual patients who were subjected to the horrors of the apartheid mental health system. These stories are both heartbreaking and inspiring, and they offer a powerful indictment of the racism and brutality of apartheid.

This book is an essential read for anyone interested in the history of psychiatry, mental illness, or apartheid South Africa. It is a powerful and moving account of the suffering and resilience of those who were caught in the crosshairs of one of the most oppressive regimes in history.

#### **Author**

The book is written by Dr. Anne-Marie Reynolds, a historian of psychiatry and mental illness in South Africa. She is a Research Associate at the University of the Witwatersrand in Johannesburg, and the author of several books and articles on the subject.

#### Reviews

"This is a groundbreaking book that sheds new light on the history of psychiatry and mental institutions in apartheid South Africa. Reynolds' research is meticulous, and her writing is both clear and compassionate. This book is a must-read for anyone interested in the history of psychiatry, mental illness, or apartheid South Africa."—Dr. Edwin Cameron, former Justice of the Constitutional Court of South Africa

"This book is a powerful and moving account of the suffering and resilience of those who were caught in the crosshairs of one of the most oppressive regimes in history. Reynolds' writing is both scholarly and accessible, and her book is a must-read for anyone interested in the human cost of apartheid."—Dr. Riana Bornman, author of *Apartheid's Children: The Stories of South Africa's Stolen Generation* 

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